

## ***The "Top 10" Questions Student-Athletes Should be Asking Themselves***

*Understanding How You Fit Into Recruiting is Important*

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Many sports in college are year-round endeavors. Student-athletes are faced with decisions about the extent to which s/he would like to devote to the selected sport. And, depending on the school, the coach, the level of play as well as other academic factors the student-athlete can have a varied experience. In pursuing playing a sport at the post-secondary level begin to take a realistic assessment of your athletic talent and think about your experience. The following "Top 10" questions may help you with these assessments.

1. What is the level of competition at the college? Against what other colleges does it compete against?
2. What is the coach's philosophy toward his sport, her players, his/her school?
3. How long has the coach been at the institution? Where was he before? Why did she leave?
4. How much practice time per week is required for practice?
5. What practice and training facilities are available and where are they located? Does the school have its own golf course? Its own practice facility? Is it on-campus or off-campus?
6. Can my scholarship be affected by injury? Are all injuries covered by a team insurance policy?
7. Has the college had a history of NCAA rules violations? Have there been previous issues with teams or individuals in the athletic department that have been noted in the media? Who are some of the schools athletic alumni?
8. If you were unable to play and compete would you feel satisfied with the college academically and socially?
9. When you visited the coach on campus did you get all of your questions answered? Were the coaches and players honest with you? Was the coach interested in academics? Did he or she ask about your educational and career interests?
10. How many other student-athletes is the coach recruiting for your year? Where is he recruiting them from? Where has she mostly recruited her players from in the past?

These "Top 10" questions that student-athletes may want to ask should help you begin to clarify your personal, academic, and athletic goals. As you move forward with the recruiting process this list will become expanded specific to each institution that may be of interest.

Good luck!

*Dr. Fleming*

*Dr. Bruce Fleming is the founder of Play Collegiate Golf, created to mentor young women and men interested in continuing their competitive golf careers at institutions that support their academic, athletic, and personal goals.*

*For more information please visit [playcollegiategolf.com](http://playcollegiategolf.com)*

### **Find a Study Group That Works For You**

#### **College Survival Tip**



Take time to introduce yourself to several students in each of your classes in an effort to create a study group as you progress through the semester's assignments and tests. Study groups can provide the necessary support and encouragement when academics are difficult. A study group can also be helpful when you are trying to learn new concepts and ideas as you ready for a class test. More about this integral part of student success in college in the December article on the Play Collegiate Golf website. Check it out next month!