



**Play Collegiate Golf**

"creating academic and athletic success"

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### ***The First Year Experience College Checklist***

*Successfully navigate the first year at college by completing the following checklist.*

The transition from high school to college is filled with academic, social, and personal change. The student must accept the fact that she will be in charge of her academic and personal life. What she does, when she does it, and how things get done will be up to her. All students have new responsibilities and challenges. The following first year college experience checklist will help organize some of these necessary tasks to complete in an effort to ensure a successful freshman year!

#### *Academics*

- Meet with your academic advisor and explore your proposed major
- Talk with a faculty member in your major about the requirements for a degree
- Utilize tutoring and writing resources in the student success center
- Connect with peers in your academic community and discuss forming study groups for upcoming tests
- Connect with an upperclassman in your intended major to find out about his or her experience
- Learn how to calculate your GPA

#### *Community and Involvement*

- Read the First Year Summer Reading book (if your college has one)
- Orient yourself with campus buildings and places of interest on your campus
- Review the student organizations and join at least one club
- Check out the college's website for ongoing information about campus events and activities
- Be sure to utilize the college email account provided you as this will be the main conduit for campus information
- Participate in a community service project
- Explore the city where the college is located and learn more about your surroundings

#### *Career Preparation*

- Meet with a career counselor to discuss career assessment tools
- Utilize the Career Center website to review internship opportunities
- Attend a career fair to know what to expect for future years

#### *Personal Growth*

- Attend cultural events through the university or city to explore the diversity represented where you live and study
- Utilize the opportunities offered at the campus recreation center to maintain balance in academic and personal life
- Look ahead to your sophomore year to see what you can complete or prepare for over the next summer

Take the time to think through the next four years and what you will need as you begin your journey as a first year student. Each year builds from the previous year so make sure you are creating a strong base!

Good Luck! *Dr. Fleming*

*Dr. Bruce Fleming is the founder of Play Collegiate Golf, created to mentor young women and men interested in continuing their competitive golf careers at institutions that support their academic, athletic, and personal goals.*

**College  
Survival  
Tip**



**Two Great College Resources for Students and Parents**

*"The Naked Roommate: And 107 Other Issues You May Run Into in College."*

*"The Happiest Kid on Campus: A Parent's Guide to the Very Best College Experience"*