



Play Collegiate Golf

"creating academic and athletic success"

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Creating a Successful First Year College Experience

Helping Parents Understand Their Role as They Support Their Child's Transition into the College Environment.

The transition from high school to college is filled with academic, social, and personal challenges. The student must accept the fact that she will be in charge of her academic and personal life. What she does, when she does it, and how things get done will be up to her. Students have new responsibilities and challenges. Budgeting allotted time and establishing priorities must be done to ensure success in the classroom and on the golf course when you are a student-athlete. In reality, students need to go forth with confidence and enthusiasm, willingness to adapt and determination to succeed academically and personally. However, where the role students must play is fairly clear, parents often have a less clear, yet as important, role in this process. How can parents help their child from a distance, yet still allow him or her to grow as a person? The five following tips can be a primer for this support...

For a student to find her place, it takes planning...

- Encourage your child to find activities, organizations, or clubs that are interesting to her. Encourage her to find comfortable activities during the first year that may be within similar settings she is used to such as spiritual (religious groups or public services), academic (professional groups), or social (athletics or Greek) in nature.

For a student to find his place, it takes patience...

- Help your child understand that it may take a semester or two to get comfortable and that this is normal. Remind him that college is about creating a world of options.

For a student to find her place, it takes accepting the truth...

- Remind your child that adversity is not the end of the road and remind her that the outcome is not the goal. The process and the lessons learned through it is what matters most. Remind them that the college environment is a safe environment to try things where failure can be less penal than that of the 'real world.'

For a student to find his place, it takes training...

- Remind your child that training is about self-discovery. Training means looking in the mirror and examining what we like about ourselves and what we don't like. Help connect your child to on-campus resources and people who can offer the necessary guidance for academic, personal, and social success while at college and beyond.

For a student to find her place, it takes having the right people in her corner...

- Remind your child that college is more than earning a degree, graduating, and getting a job. It is about creating a world filled with options and creating a life driven by passion. It is about having the confidence and courage to demand and command respect in one's academic, social, and personal life

Please let me know how I may help your college selection process. Good Luck! *Dr. Fleming*

Dr. Bruce Fleming is the founder of Play Collegiate Golf, created to mentor young women and men interested in continuing their competitive golf careers at institutions that support their academic, athletic, and personal goals.

**College
Survival**

Tip



Two Great College Resources for Students and Parents

"The Naked Roommate: And 107 Other Issues You May Run Into in College."

"The Happiest Kid on Campus: A Parent's Guide to the Very Best College Experience (for You and Your Child)."